

INTRODUCTION TO Foundations & Principles of BIODYNAMIC CRANIOSACRAL THERAPY

*28 NCBTMB CONTINUING EDUCATION HOURS **

July 22-25, 2010 -- 9:00 am - 5:30 pm
Ashland OR

This class will combine lecture, discussion and experiential training (both self-exploration and table-work). It is not restricted to body-workers. All are welcome.

You will be introduced to:

- History of Craniosacral Therapy
- Overview of Foundation Principles of the Biodynamic Model
- Introduction to the Midlines
- Working with various cyclic rates of motion & levels of perception in the Craniosacral System:
 - The "Tides" (CRI, Mid-Tide, Long-Tide)
 - Primary Respiration
 - Dynamic Stillness
- Developing Self-Awareness - Witness Consciousness - "Practitioner Neutral"
- The Client/Practitioner Dyad:
 - Interpersonal Nervous Systems
 - Self-Regulation
- Early Embryology and its relevance to Biodynamic Craniosacral Therapy
- The Whole Body as a Fluid Continuum

Tuition is \$500 if paid in full by June 10, 2010.

After June 10, 2010, tuition is \$600.

If you are able to bring a massage table, we will deduct \$50 from your tuition. This will be applied on a first-come-first-served basis as we receive the registrations.

Class size will be limited to 26 students.

For more information, contact:

Ginger at 847-328-8433 -or- ginger@craniosacralevanston.com

For more information on Biodynamic Craniosacral Therapy, go to
www.craniosacralevanston.com

* Ginger Crisenbery is approved by the National Certification Board for Therapeutic Massage and Bodywork (NCBTMB) as a continuing education Approved Provider. (#450668-08)