

# INTRODUCTION TO Foundations & Principles of BIODYNAMIC CRANIOSACRAL THERAPY

*28 CONTINUING EDUCATION HOURS \**

August 12-15, 2010  
Thursday through Sunday  
9:00 am - 5:30 pm  
at 725 Washington in Evanston

This class will combine lecture, discussion and experiential training (both self-exploration and table-work). It can function as a stand-alone class, but is a pre-requisite for the professional training beginning in early 2010. The class is not restricted to body-workers. All are welcome.

Learning objectives:

- History of Craniosacral Therapy
- Overview of Foundation Principles of the Biodynamic Model
- Introduction to the Midlines
- Working with various cyclic rates of motion & levels of perception in the Craniosacral System:
  - The "Tides" (CRI, Mid-Tide, Long-Tide)
  - Primary Respiration
  - Dynamic Stillness
- Developing Self-Awareness - Witness Consciousness - "Practitioner Neutral"
- The Client/Practitioner Dyad:
  - Interpersonal Nervous Systems
  - Self-Regulation
- Early Embryology and its relevance to Biodynamic Craniosacral Therapy
- The Whole Body as a Fluid Continuum

Class size will be small.

Tuition is \$500 if paid in full by July 22, 2010. (after July 22: \$600)

A \$100 deposit is due with the registration form to hold your place.

For more information, or a registration form, contact:

Ginger at 847-328-8433 -or- [ginger@craniosacralevanston.com](mailto:ginger@craniosacralevanston.com)

For more information on Biodynamic Craniosacral Therapy, go to [www.craniosacralevanston.com](http://www.craniosacralevanston.com)

\* Ginger Crisenbery is approved by the National Certification Board for Therapeutic Massage and Bodywork (NCBTMB) as a continuing education Approved Provider. (#450668-08)