

INTRODUCTION TO Foundations & Principles of BIODYNAMIC CRANIOSACRAL THERAPY

*28 CONTINUING EDUCATION HOURS **

May 13-16, 2010
Thursday through Sunday
9:00 am - 5:30 pm
at 725 Washington in Evanston

This class will combine lecture, discussion and experiential training (both self-exploration and table-work). It is not restricted to body-workers. All are welcome.

You will be introduced to:

- History of Craniosacral Therapy
- Overview of Foundation Principles of the Biodynamic Model
- Introduction to the Midlines
- Working with various cyclic rates of motion & levels of perception in the Craniosacral System:
 - The "Tides" (CRI, Mid-Tide, Long-Tide)
 - Primary Respiration
 - Dynamic Stillness
- Developing Self-Awareness - Witness Consciousness - "Practitioner Neutral"
- The Client/Practitioner Dyad:
 - Interpersonal Nervous Systems
 - Self-Regulation
- Early Embryology and its relevance to Biodynamic Craniosacral Therapy
- The Whole Body as a Fluid Continuum

Class size will be small.

Tuition is \$500 if paid in full by April 13, 2010. (after April 13: \$600)

A \$100 deposit is due with the registration form to hold your place.

For more information, or a registration form, contact:

Ginger at 847-328-8433 -or- ginger@craniosacralevanston.com

For more information on Biodynamic Craniosacral Therapy, go to www.craniosacralevanston.com

* Ginger Crisenbery is approved by the National Certification Board for Therapeutic Massage and Bodywork (NCBTMB) as a continuing education Approved Provider. (#450668-08)