

# INTRODUCTION TO Foundations & Principles of BIODYNAMIC CRANIOSACRAL THERAPY

*28 CONTINUING EDUCATION HOURS \**

September 11-14, 2008  
Thursday through Sunday  
9:00 am - 5:30 pm  
at 725 Washington in Evanston

This class will combine lecture, discussion and experiential training (both self-exploration and table-work). Not restricted to body-workers. All are welcome.

You will be introduced to:

- History of Craniosacral Therapy
- Overview of Foundation Principles of the Biodynamic Model
- The whole Body as a Fluid Continuum
- Developing Self-Awareness - Witness Consciousness - "Practitioner Neutral"
- The Client/Practitioner Dyad
- Early Embryology and its relevance to Biodynamic Craniosacral Therapy
- Working with various levels of perception in the Craniosacral System
  - (the "Tides", Primary Respiration, Dynamic Stillness)
- Introduction to the Midlines
- Working with the Heart (and its early development)

Class size will be limited to 8 students. Sheets will be provided. Tuition is \$500.

A \$100 deposit is due with the registration form to hold your place.

The balance of \$400 is due by Sept 4. After Sept 4, a late fee of \$50 will be added.

We may need two additional massage tables. If you are able to bring one, we will deduct \$50 from your fee. This will be applied on a first-come-first-served basis as we receive the registrations. Please check with me first.

For more information, or a registration form, contact:

Ginger at 847-328-8433 -or- [ginger@craniosacrlevanston.com](mailto:ginger@craniosacrlevanston.com)

For more information on Biodynamic Craniosacral Therapy, go to [www.craniosacrlevanston.com](http://www.craniosacrlevanston.com)

\* Ginger Crisenbery is approved by the National Certification Board for Therapeutic Massage and Bodywork (NCBTMB) as a continuing education Approved Provider. (#450668-08)